





Mins / Hour	<u>Subject</u>
14:30 – 15:00	Wellness Welcome (Scientific Dept. Team)
15:00 – 15:40	Metabolic Syndrome: the role of exercise (Scientific Dept. Team)
15:40 – 16:15	Science behind product development (Scientific Dept. Team)
16:15 – 16:50	MyWellness Cloud (MyWellness Dept.)
16:50 – 17:25	Omnia – small group training (Scientific Dept. Team)
17:25 – 17:30	FAQ